



New title and new name of the profession

...and the union

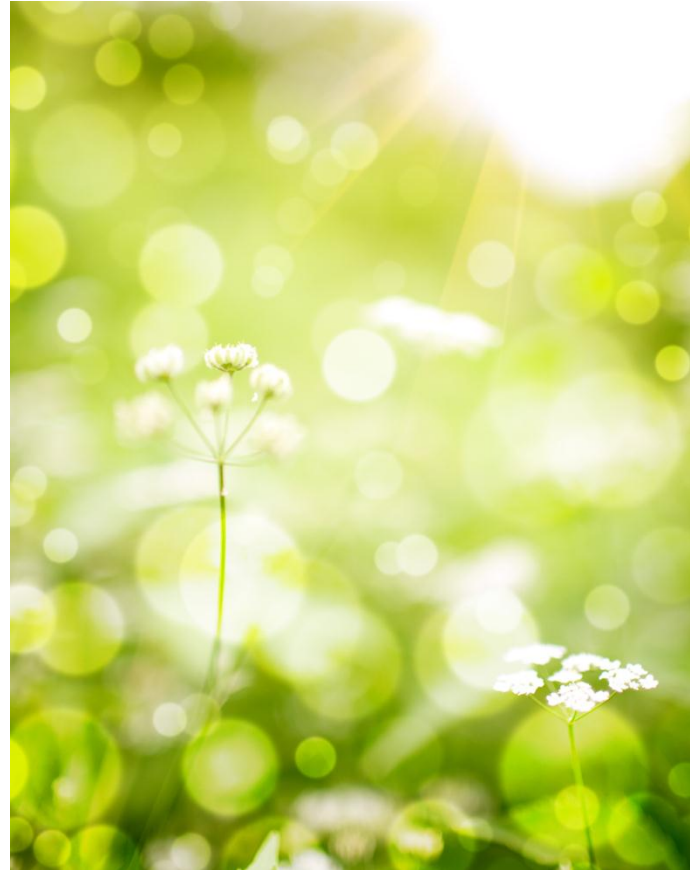
- Decision in the Swedish parliament in December.
- Starting from January 1st 2014
- New name of the profession and academic subject
- Possibility to choose title for those who already are sjukgymnaster
- Students finishing ground level education from Jan 1st will be physiotherapists
- Fee from the National Board for Health and Welfare has caused problems

<http://www.fysioterapeuterna.se/>



Influence and Advocacy

To develop from a professional union that has to chase for being listened to - to be a professional union which is constantly in demand and is obvious to the authorities





Year of elections in Sweden

The Election Manifesto

Physiotherapists in the first instance



Pressmeddelande

www.fysioterapeuterna.se | Tipsa en vän | Avprenumerera

Valmanifest 2014: Fysioterapeuter som första instans

Fysioterapeuter som första instans för patienter med besvär i rörelseorganen. Det är huvudbudskapet i det valmanifest som förbundet kommer att driva i valrörelsen 2014.

- Patienter med smärta och besvär från rörelseorganen får sällan omedelbar och adekvat hjälp, trots att det skulle spara stora resurser inom hälso- och sjukvården. De flesta patienter med exempelvis ländryggssmärta skulle kunna få god vård med tidigt insatt behandling av en fysioterapeut, säger Stefan Jutterdal, ordförande för Fysioterapeuterna.

Hänvisa direkt till fysioterapeut

Fysioterapeuterna anser att alla patienter med problem i rörelseorganen direkt ska hänvisas till en fysioterapeut som första instans inom primärvården. Ett gott exempel på detta är Brahehälsan i Skåne där patienter med ovanstående besvär slussas direkt till en fysioterapeut. Detta arbetssätt frigör resurser, patientflöden blir smidigare och behandlingsperioden för patienterna blir kortare. Goda exempel på detta arbetssätt praktiseras även på andra vårdnivåer.

Därför bör:

Alla landsting utreda olika mottagningsmodeller som stärker fysioterapeutrollen som första kontakt för patienter som söker primärvård med besvär från rörelseorganen. Ett första steg är att få in skrivningar om detta i landstingsplanerna.

[Läs hela valmanifestet...](#)



Fysioterapeuter som första instans

Valmanifest 2014



Education Policy Program

- An academic education in 4 years, providing license to practice and a one year master degree
- Master- and post graduate research education
- Specialist degree which is regulated and recognized by the state. Based on an education of 2 year Master, practical guidance and scientific presentation orally or article in scientific journal.
- CPD throughout the professional career with financial and time wise opportunities for continuing education.
- Establish specialist services and research positions



Quality and patient safety in focus!

Quality, patient safety and work environment



- Getting it right from the start - the best for both the patient and the work environment
- Cooperation with SKL and other unions
- Advisory board - first meeting in June

Advisory board för quality and patient safety



“Every system is perfectly designed to get the results it gets.”

Paul Batalden



In what ways can you contribute to change in health care?

Change Day



<https://www.facebook.com/#!/photo.php?v=394103097395721&set=vb.382825378523493&type=2&theater>



The future for Physiotherapy

- Excellent results for physiotherapy educations in the governmental examination of University education
- Strong scientific development in physiotherapy
- Growing need of preventive interventions in health care
- More and more attention has been given to physiotherapy in the Swedish health care debate

Biggest opportunities

- To meet the health care needs in 2050 we have to go from health care to "health risk", with the focus on reducing the risk of new diseases arising.
- The quality in health care can be increased e.g. by improving the public health, preventing fall accidents and decreasing preventable adverse events in general, and prevention of dementia and hypertension
- Empathy and high tech <http://www.regeringen.se/sb/d/15974>
- Take part in society's health care debate
- Create networks, cooperate within the profession and between professions
- Use new technologies, i.e. social media etc



Biggest challenges

- Physiotherapists in the first instance, would improve quality and reduce costs by at least 1 billion per year
- <https://www.gp.se/nyheter/debatt/1.2087629-debatt-anvand-sjukgymnasternas-kunskaper>
- New technologies must be utilized
- Increased patient involvement

Direction of physiotherapy in Sweden

- The new name and title .. a stepping stone towards more prevention efforts
- Physiotherapists have to lead the development of health *"First take care of your own health, before you take care of the patient"*
- More focus on quality and patient safety
- Unmet need of rehabilitation in areas such as stroke and cancer
- Increased collaboration with other professions, and organizations for patients and their next of kin

This is how Fysioterapeuterna has corresponded to the national health challenges

- The national project on NCDs lead by Raija Tyni Lenne
- Co-organizers of the National Patient Safety Conference
- Mapping physiotherapists' participation in the national quality registers.





National guidelines for methods of preventing disease

Nordic meeting 2014

Swedish Association of physiotherapists

National board of health and welfare

- Offer support for control and management in the health care system
 - Provide recommendations and guidelines
 - Guidelines for methods of preventing disease 2011.
 - Aim: to support patients in their efforts to change unhealthy life style habits.

Target life style habits

- Tobacco use
- Hazardous use of alcohol
- Insufficient physical activity
- Unhealthy eating habits

3 levels of methods to prevent disease based on evidence

- Brief advice (information, less than 10 min)
- Counselling (dialogue, 10-30 minutes)
- Advanced counselling* (dialogue, > 30 min)

* Theory-based, structured method of communication

Economic support to implement guidelines, in total 4,3 milj € in Sweden

Swedish Association of Physiotherapists

2012	2013	2014	?
63 000 €	180 000 €	180 000 €	

Actitivities

- To what extent do members know about the guidelines?
- How is life style habits covered in the curriculum of graduate education?
- Dissiminate information through home page

<http://www.fysioterapeuterna.se/Professionsutveckling/Kompetensutveckling/Levnadsvanor/>

Actitivities

- Expert group
- Participating in interprofessional network
- Engage and educate sub groups
 - Defining and supporting ambassador role
 - Defining Intended learning outcome for specialists
 - Workshops, case based learning material
 - Brochures and leaflets

www.fysioterapeuterna.se